

CMSD Weekly Classes for Adults and CHYK-s
Revised April 9, 2015

Day/Time	Text/Class	Sevak/Sevika	Region/Location	Contact/Phone
Monday 7:30-9:00 PM	Self Unfoldment	S. Sukumar	Poway- <i>Chinmaya Jyoti</i>	858-748-2013
Monday 7:30-9:00 PM	<i>Tattva BodaH</i> NEW Text starting April 13	Lakshmi Sukumar	Poway- <i>Chinmaya Jyoti</i>	Nita Halker 858-672-9760
Tuesday 7:30-9:00 PM	Self Unfoldment continuing	S. Sukumar	Poway- <i>Chinmaya Jyoti</i>	Prem Venkatesan (858) 342-4379
Tuesday 7:30-9:00 PM	Self Unfoldment NEW Group starting April 14	Lakshmi Sukumar	Poway- <i>Chinmaya Jyoti</i>	858-748-2013
Wednesday 7:30-9:00 PM	<i>Srimad Bhagavatam</i> Lecture	Lakshmi Sukumar	Poway- <i>Chinmaya Jyoti</i>	Hema Pandya 858-674-4385
Wednesday 7:30-9:00 PM	<i>Tattva BodaH</i> NEW Text	Nagesh Nookala	Carmel Valley	Puja Chitkara 858-509-7567
Thursday 7:30-9:00 PM	<i>Vivekachoodamani</i> Video lecture by Pujya Gurudev	Jay Patel	Poway- <i>Chinmaya Jyoti</i>	Prem Venkatesan (858) 342-4379
Thursday 6:30-8:00 PM	<i>CHYK Study Group</i>	S. Sukumar	UCSD	858-748-2013
Friday 9:30-11:30 AM DEVI Group For women	Chanting- <i>Kanakadharastotram,</i> <i>other stotrams</i> Topic- Valmiki Ramayana Lecture	Lakshmi Sukumar	Poway- <i>Chinmaya Jyoti</i>	Nita Halker 858-672-9760
Friday 7:30 – 8:30 PM	Chinmaya Dhvani- Senior	Lakshmi Sukumar	Poway- <i>Chinmaya Jyoti</i>	Lakshmi Sukumar 858-748-2013
Saturday 8:00 – 8:50 AM	<i>Vedic Chanting</i>	Lakshmi Sukumar	Poway- <i>Chinmaya Jyoti</i>	858-748-2013
Saturday 9:00 AM	<i>Vishnu Sahasranama</i> Chanting		Poway- <i>Chinmaya Jyoti</i>	858-748-2013
Saturday 9:45 -10:45 AM	Chinmaya Dhvani- Junior	Sujata Kulkarni	Poway- <i>Chinmaya Jyoti</i>	858-748-2013
Sunday 9:30 -11:00 AM	<i>Bhagavad Gita</i> Lecture	Lakshmi Sukumar	Poway- <i>Chinmaya Jyoti</i>	858-748-2013
Sunday 11:15 AM -12:30 PM	<i>Bhagavad Gita</i> Discussion	S. Sukumar	Poway- <i>Chinmaya Jyoti</i>	858-748-2013

