



Chinmaya Mission San Diego

presents

Stri Shakti

(The Power of Woman)

by

Lakshmi Sukumar

“The long and positive history of the concept of *Shakti* in India, has shown the idea of a sacred feminine power originating from Divinity and, therefore, necessarily inherent in all things, to be a very relevant subject for further exploration on a personal, spiritual level. While seemingly arising from the esoteric depths of the philosophy and sacred stories of Hinduism, *Shakti* is actually a force which also has the ability to effect all human culture: politically, socially and at the deepest levels of our psyches –
if we will only let Her.”

What is meant by Shakti ? What are the many manifestations of Shakti?
Great women from history, literature and their influence on society.

What are some of the challenges women face now and how to approach these situations based on guidance from the Hindu scriptures?

This workshop is for women only. All interested women may attend.

Date: Saturday, October 1, 2011

Time: 9:00AM - 12:30 PM

Venue: Jewish Community Center, 4126 Executive Drive (at the intersection of Genesee Avenue), La Jolla, CA 92037.

Walk-in Registration begins at 8:30 AM (\$25 registration fee for non CMSD members)

Please arrive and be seated ten minutes before the session begins.

For further information, please call **Anjali Bapat at 858 391 1041 or Faith Prasad at 858 324 1738**

www.chinmayajyoti.org

All are Welcome.